# Monthly Newsletter

January 2024

### Principal's Message

I want to take a moment to wish you a Happy New Year! I want to start 2024 by celebrating the wonderful school culture that we have fostered together! Our school is a place where every child is valued, respected, and supported as they learn and grow. We are committed to creating an environment where kindness and empathy are at the core of everything we do.

Throughout the month of January and beyond, we will be focusing on promoting kindness and spreading awareness about the importance of anti-bullying. Our goal is to empower our students to be kind, compassionate, and inclusive members of our school community.

We believe that by instilling these values in our students, we can create a positive and nurturing environment where everyone feels safe and respected. We will be engaging in various activities and discussions to raise awareness about the harmful effects of bullying and to promote a culture of kindness and respect. To start, we will be having an assembly hosted by the RCMP about Anti–Bullying and participating wearing Blue for Mental Health on January 24th and Pink Shirt Day on Febraury 21st.

I encourage you to have conversations with your children about the significance of kindness and empathy, both at school and in their everyday lives. Together, we can reinforce these essential values and make a meaningful impact on our school community. Thank you for your ongoing support in creating a school culture that prioritizes the well-being and growth of every child.

### Office Hours

Our office is open Monday - Friday from 7:30pm - 3:30pm.

To report a student absence, please email tlabsences@fmpsd.ab.ca or call 780-743-5771.





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## Extracurriculars







Did you know we have lots of opportunities for engagement happening outside of school hours at Timberlea Public School? Most take place after school, but we have a few new opportunities at lunch time too!

#### Monday - Polar Bear Club at lunch, Drama Club 5/6, Girls 5/6 Basketball

Tuesday - Grade 4 Boys/Girls Basketball at lunch, Drama Club 3/4, Boys 5/6 Basketball Wednesday - Polar Bear Club at lunch, Homework Club, Science Fair Club, Girls 5/6 Basketball Thursday - Grade 3 Intramurals with Coach Andrew, Crochet Club, Boys 5/6 Basketball Friday - Polar Bear Club at lunch

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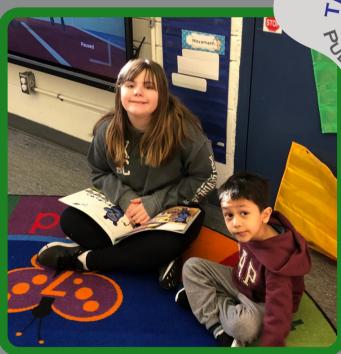
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### Bell Lets Talk Day

Bell Let's Talk promotes mental health awareness, acceptance and action built on 4 key pillars: Fighting stigma, improving access to care, supporting world-class research and leading by example in workplace mental health. Thank you for supporting Youth Mental Health by wearing blue this year!



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